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## *Manifest Your Man®*

### **Unlock the Secret to Bring Love into Your Life**

"Finding true love is possible for anyone at any age if you're willing to align yourself with the creative Energy of the Universe." (Excerpted from foreword by Bob Doyle)

Stacy Corrigan was single again at age 37 thinking she would never have another chance to have a family. She manifested her man, Mario, just two short years later, and has helped women all over the world to attract high quality love into their lives.

Using law of attraction principles, a self-healing modality, and tons of practical, immediately implementable exercises; *Manifest Your Man* is chock full of useful tips, strategies and engaging stories.

*Manifest Your Man®* demonstrates how to become the best version of yourself to effortlessly attract your ideal mate. As you transform outdated beliefs that no longer serve you – you'll be transported to a place where all things are possible – and discover the love of your life in the process.

# Fact Sheet

## *Manifest Your Man*®

by Stacy Corrigan

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TITLE: Manifest Your Man

GENRE: Self-Help / Relationships

PUBLISHER: Vervante Corporation

COPYRIGHT: October 3, 2012

TRADEMARK: # 3,940,454

ISBN: 978-1938579400

LCCN: 2012950702

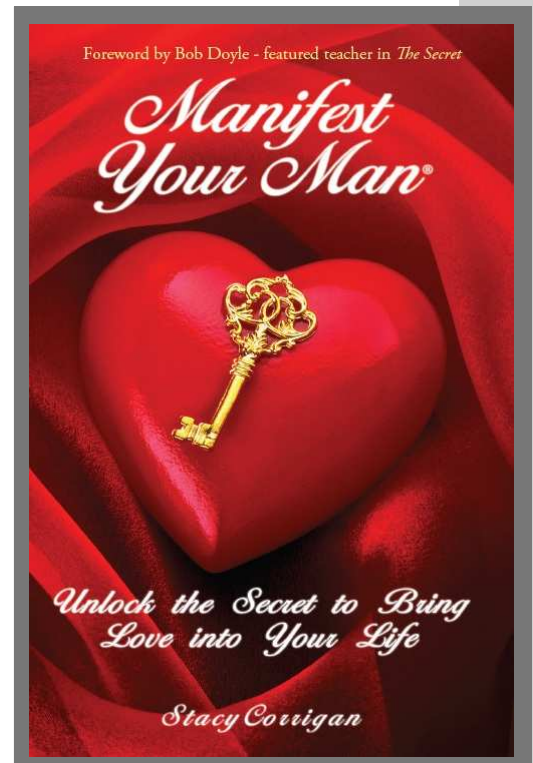
PAGES: 213

WEBSITE: [www.ManifestYourMan.net](http://www.ManifestYourMan.net)

PURCHASE: [www.Amazon.com](http://www.Amazon.com) and

[www.ManifestYourMan.net/products](http://www.ManifestYourMan.net/products)

COST: \$15.95



## About the Author



As Chief Manifester, Speaker, and Author of Manifest Your Man®, Stacy Corrigan empowers women worldwide to eliminate the blocks that keep them from attracting love into their lives. Stacy inspires you to escalate your self-esteem, embrace self-love, and radiate self-confidence to the degree that you become a magnet for the quality of man you deserve.

In her loving and gentle, yet captivating style, Stacy will teach you how to love yourself first, guide you toward your magnificence, and ultimately prepare you to fall head over heels in love with your man. Stacy is a contributing author to 101 Great Ways to Improve Your Life – Volume III along with Mark Victor Hansen, Byron Katie, Les Brown, and Ken Blanchard. Find information about this book and other products at [www.ManifestYourMan.net](http://www.ManifestYourMan.net).

Stacy lives in Woonsocket, Rhode Island with her man, Mario, their dog Roscoe and cat Honey. She and Mario each run their own successful businesses, own several investment properties together, and are passionate about real estate and landlording.

In their free time Stacy and Mario enjoy watching Roscoe run on the beach when they stay their cottage in Narragansett, Rhode Island. They also like to camp on their land in the western White Mountains of New Hampshire. They take Roscoe with them down the Connecticut River on their 8' aluminum row boat dinghy they affectionately named the "Red Neck Yacht."

They'd love to hear your story of how you Manifest Your Man® or any other fun dating/relationship/law of attraction stories you have-Stacy@ManifestYourMan.net.

# BIO Alternatives



## **Elevator Pitch**

I am Stacy Corrigan, the Rocket from Woonsocket, Author of Manifest Your Man®, and I teach women how to love themselves first, so they can launch their rockets of desire out to the universe, and magnetically attract the high quality love into their lives that they deserve.

## **50 Word Bio**

Stacy Corrigan empowers you to escalate your self-esteem, embrace self-love, and radiate self-confidence so you become a magnet for the quality of man you deserve. In her loving, gentle, and captivating style, Stacy teaches you to love yourself first, realize your magnificence, and ultimately prepares you to Manifest Your Man®

## **130 Word Bio**

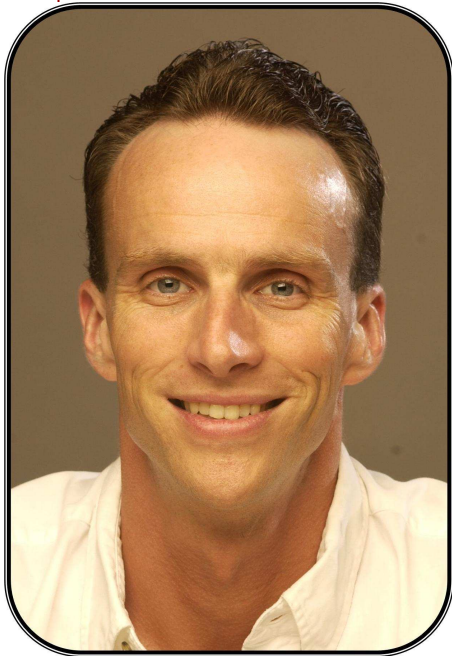
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Stacy is a contributing author to 101 Great Ways to Improve Your Life – Volume III along with Mark Victor Hansen, Byron Katie, Les Brown and Ken Blanchard, and her newly completed manuscript, Manifest Your Man® is available now.

## Rave Reviews



“Stacy shows you how to effectively break down your limiting beliefs about love through the inspired and revealing exercises in Manifest Your Man®. With an articulate understanding of the Law of Attraction, Stacy is a worthy guide on your journey to find love. Her comforting style holds space for your growth and intentions by creating a safe, trusting environment. I know she will help you become a better woman as you attract love into your life and Manifest Your Man®.”

Bob Doyle

Author of Follow Your Passion, Find Your Power

Featured participant in the hit movies,

The Secret and The Opus

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“Manifest Your Man® offers a pragmatic approach to attracting a magical, loving relationship with your life partner. This book provides an anchor for anyone who has veered off course in the pursuit of love.”

Marci Shimoff,

NY Times best selling author,

Happy for No Reason and

Love for No Reason



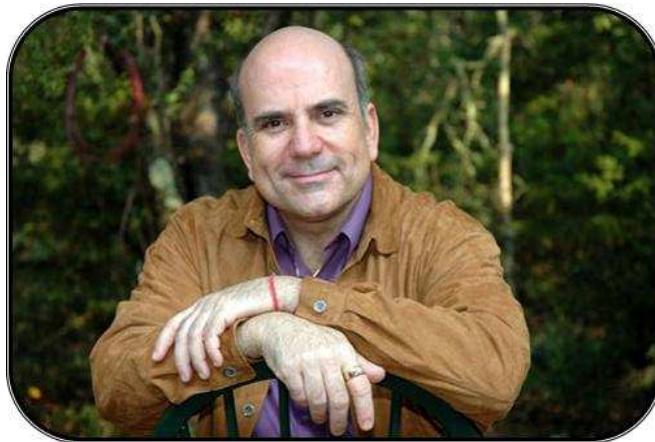
## Rave Reviews (cont.)

“Manifest Your Man® works because there is no efforting involved. No twisting yourself in a pretzel to be something you're not. It's about being your BEST self for you! It's the easiest way to attract what you most desire. Stacy has this dialed in and her process can work for anyone who allows the journey to be easy.”

Jeanna Gabellini, author of  
Life Lessons for Mastering  
the Law of Attraction



“Love. We all want it. Yet, you want to reach the point where you don't need it. Why? When you welcome it but don't need it, you attract it, and Manifest Your Man® shows you how to attract love. Stacy teaches you how to come from a place of peace, and how to love yourself and your life where you are right now. Read Manifest Your Man® and discover how to make your love miracle happen now.”



Joe Vitale, best selling author of The Attractor Factor featured in The Secret

As Seen In and Heard on...

match.com



WoonsocketPatch  
NewportPatch CranstonPatch

# Client Testimonials

## The First **Manifest Your Man**® Success Story!

Jen Toone and Dan Corrigan were married on June 7, 2008. Jen says, "I am proud of how this all happened , and I don't mind bragging about it!" Jen now shares my last name and her husband and I aren't even related! How exciting!

Jennifer Toone Corrigan  
President of In Toone Communication  
www.intoone .com



"**Manifest Your Man**® is about allowing yourself to be who you truly are, and shedding the layers of your own personal, negative beliefs that keep your ideal match from being drawn to you. Simultaneously, the world around you gets more joyful and abundant, sweeping you into a wonderful upward spiral. Life and love ... it all feels so do-able now. Ironically, **Manifest Your Man**® manifested the authentic woman in me! "

Carol S . , Pennsylvania  
Teleseminar Participant



"Reading **Manifest Your Man**® was utterly life transformative! I 've taken countless workshops , read hundreds of self-help books and worked with several healers and coaches over the years , but none have Stacy's masterful blend of intuition, positivity, and practicality. I highly recommend this program for anyone, no matter where you are in the romantic spectrum . Hopeful or hopeless, Stacy helps you get to the heart of the matter when it comes to affairs of the heart!"

- Courtney A . Walsh , author of Lipstick and Thongs in the Loony Bin  
Mental Wellness Speaker/ Author  
<http://www.squeezingthestars.com>  
<http://www.facebook/loonybus>



"Dear Stacy,

This has been such an amazing year of blessings & manifesting for me. I manifested my man, became engaged, had my 2nd daughter and turned 40 = ) Wishing you as much (more) joy and happiness to you this year. Love, A

PS – We've set our date! "  
Amanda C.  
Rhode Island



"Serge and I were destined to fall in love. I had my Cinderella wedding complete with a pumpkin carriage cake, my glass slipper shoes, a horse and buggy ride to the castle just outside Paris, and best of all my Prince Charming. You can have everything in the world you desire if you just believe you can."

Bambi N.  
Los Angeles and Paris



"I would have never thought ten years ago that anything like this could happen. We have been in love with each other for 50 years, crossed paths repeatedly, and finally we are both single at the same time and have reunited for good! We laugh together a lot. We are making up for lost time, and having a lot of fun. It's going to be an adjustment, but I'm very excited to finally be back in the arms of my long lost love. "

Carrole C.,  
New York



## Samples Questions for Interview

*(Length can be 15—60 minutes depending on time available and level of detail desired)*

- Q:** Give us a brief summary of what your book can offer our listeners.
- Q:** How did you Manifest Your Man<sup>®</sup> ?
- Q:** What is Law of Attraction exactly?
- Q:** What else can women do to attract their men to them?
- Q:** What is this Five Step Secret System to Make Dating Fun and Easy?
- Q:** Any additional Pearls of Wisdom before we go?
- Q:** How can people find you, buy your book, and any other products and services you have to offer?

# Sample Chapter

## Chapter 1

### *Get Off the Dating Merry Go Round*

Liz sat on her plush, burgundy sofa with a leopard throw blanket draped over her legs. She sipped a glass of Pinot Noir, while she eagerly waited for Jim to arrive. It was their second date and he offered to cook. She said yes right away since she couldn't remember the last meal she had that wasn't dine in, take out, or at her sister's house.

'Thank God he can cook.' Liz thought to herself, 'because I certainly can't.' She heard him knock at the door and her heart skipped a beat from nervous excitement as she jumped up to let him in. He greeted her with a great big smile and warm hug.

"Let me take your coat," Liz offered as they made their way into the kitchen.

Jim clapped and rubbed his hands together ready to get started and said, "I just left work and came directly here. Do you have something in the fridge I can whip up for us or do we need to shop?"

"As if." Liz replied. "I'm lucky I have any seasoning in the house much less anything to make a proper meal out of. I do have wine," She added playfully as she raised her glass in a toasting gesture. She then poured Jim a glass.

He took a few sips of wine, and said, "I need to get some food in me. I wouldn't want to get drunk and try to take advantage of you. Let's go shopping."

They spent most of their evening traveling to the store, deciding what to eat, checking out, carting the food back to the house, and finally preparing the meal. She wanted to help, but he told her to just sit there and keep looking gorgeous. Ahh, she could just melt. He made her feel so good. Unlike the last jerk she dated.

She tried to remember why she had stayed with Gary so long. She was young, had low self esteem, and was too much of a groupie, she realized. She had idolized Gary, who played in a local band that caught a break and ended up performing regularly in Amsterdam. Whenever he returned to town, she stayed at his place. When he traveled she stayed at her sister's. He became her puppet master. She felt important doing whatever he asked. That night changed everything though, and she thanked god it was over.

"Where can I find a knife?" Jim asked casually. "I want to chop up the scallions for the sauce."

"Top drawer there, just to the left of the stove." Liz's muscles tensed as she noticed the knife he chose.

Jim caught her reaction, "What's wrong? Is this knife your great grandmother's or something? Is it okay for me to use it?" He looked perplexed. The knife didn't look old, but he couldn't figure out why she reacted so strangely.

"Oh you can use it, but make sure you only use it for food." she said bitingly.

He lowered the flame on the stove, came over to her, put a soft hand on her back, and slid down into the chair next to her. "What happened? You're as white as a ghost."

"My crazy assed, psycho, ex -boyfriend nearly slit my throat with that knife."

"You're kidding."

“Do I look like I’m kidding?” She said gruffly.

“No... But, why would you hang onto such a gruesome reminder?”

“You wouldn’t understand.” She folded her arms over her chest and turned the other way to hide the tears streaming down her cheeks. Here we go, she thought, I finally find a great guy and now I’m going to lose him over my messed up past.

“Try me. Tell me what happened.”

Liz relayed the entire story to him as quickly as she could, trying to get through it and not cry too much. She was glad that she had gotten to the anger stage of the grief process, because that made it easier to talk. However, she wasn’t prepared for the flood of feelings that came rushing back to her. She felt love, betrayal, fear, unworthiness, and shame coursing through her body. She desperately wanted it to just be a bad dream.

Jim took Liz into his arms and held her close, letting her cry into his chest. He stroked her hair and told her that everything would be all right. He was here now and wouldn’t let anything happen to her. Then he got an idea. He jumped up and moved toward the knife. “There isn’t any reason to keep this damn thing any longer. I’m getting rid of it, right now.” He threw the knife into the trash. “We’ll buy a new knife to cook with and make new memories together.”

Liz sat there watching. In that moment, she knew everything would be okay. She hadn’t messed everything up. Jim still wanted to be with her. She wasn’t going to lose him. In fact, opening up may have brought him closer to her. She knew that this wonderful man standing in front of her would protect her, not hurt her. She felt happy and relieved. She smiled.

Jim beamed back at her, took her into his arms again, and told her he loved her. She didn’t know how she could be feeling this way after only two weeks, but she knew it felt right. She had been searching for a guy

just like Jim – strong, supportive, caring, warm and funny. She loved that he wanted to create new memories with her. Best of all, she could tell that he liked her as much as she liked him. It felt good to have him protect her and release her from her past. She knew this was her guy, and that they would be together a very long time. He clutched her tighter, and she felt her body tingle with warmth, love, and gratitude. She sighed.

I coached Liz on my Manifest Your Man process in early 2007 only a few months before she met Jim. She and her man Jim married just a little more than a year later. They gave birth to their beautiful baby ten months after that. Their little one was conceived on their honeymoon. Isn't that magical?

Liz and Jim both say that even after more than three years, with all the complicated intricacies of moving in together, getting married, having a child, and managing a stepchild relationship with Jim's son, their relationship remains 90% blissful. The curiously fun part is that Liz is my friend, who now shares my last name because she fell in love with a Corrigan although he and I are not related. What a testimony from the universe that my work with women needed to be shared publicly – and here I am sharing it with you.

I was my own first test case of the Manifest Your Man process. I had become single again at the age of 37 (more on my story later), and I desperately wanted to finally find the magical formula and get off the dating merry go round – because to be honest – going around and around again with the same types of men wasn't so merry. I felt tired of being alone on Friday and Saturday nights watching sad movies, eating an entire half gallon of Edy's mint chocolate chip ice cream and feeling lonely and sorry for myself.

I felt sick of men like my ex-fiancé who threw grenades like, "Is that what you are wearing out to dinner with my parents?" I felt frustrated with meeting men who were so much less than I deserved. Men who didn't have a job, lived with their mothers, were divorced and jaded against women, were married, had no direction or goals, wanted to date women

half their age, had bad teeth, were sex addicts, talked too much, talked too little, were too macho, were too sensitive, came on too strong, or were too weak.

I was willing to meet anyone. I knew that the man I longed for had to be out there for me. I was not willing to accept defeat. I still had hope. I decided to conduct an experiment and figure out how I could get my man and me into the same space together at the right time.

Before I share the juicy details of how I found the love of my life, I want to explore your story. How long have you been single? Maybe you haven't been single for long, but you keep staying with Mr. Wrong because you don't know how to leave. Or do you feel that your current relationship is good enough so why rock the boat? Do you say to yourself, "Maybe this is all I deserve?" Do you think that nobody wants to be with a woman who has kids?

Are you mad at yourself for being overweight and you figure nobody wants to be with someone who is fat, so you keep eating? Or, are you obsessed with trying to have the perfect body so you spend endless hours in the gym, always feeling hungry, because you want to be good enough for somebody, anybody, to love you? Are your finances a mess, so you stay home on the weekends because you can't afford to go out and don't want to end up being a burden on anyone?

There may be hundreds of reasons you keep yourself shut off from attracting the love you long for and so deeply desire. But don't despair. I have good news for you. Nearly everything that is keeping your man from being in your life is within your control. You have the power to change your circumstances, to heal the feelings that keep him at bay.

Things that you can do right now in this moment will engage the magnetic forces of the universe to start drawing him to you. Whether he is down the street or on the other side of the world, your energetic message will transmit to your man. The universe will receive your request and start lining up the circumstances for the two of you to be brought together.

It could happen quickly or could take a while. The timing all depends on your willingness to work the process I'm about to share with you. When it finally happens, it will feel like magic. You will know right away this person is the one for you. You will feel it deep down, just like Liz and Jim did, like Mario and I did, and as many of my other clients felt when they found their ideal partners – you'll feel an intense joy you've never experienced before – and you'll know he's the one.

You will be happy, not because you found the man of your dreams, but because you won't have to pretend anymore. You can be authentic, and he will love you even more for it. You won't be settling any longer. Your man will be everything you deserve and more. You will be everything he is looking for. You both will wake up and ask each other how it is that you got so lucky to find each other, and at the same time you'll know it wasn't luck.

You will have broken free from your old patterns and your way of being will have changed. You will be comfortable with yourself, which will allow you to receive the level of love you desire. Your strengths and weaknesses will match up harmoniously. You will wonder why you ever bothered to stay in a relationship that wasn't of this caliber before. You will ask yourself, "Why did I even waste my time?" Yet, at the same time you will recognize who you were when you were in those relationships and how they served you, your higher good, and your personal development.

Are you ready to attract the love you've been craving? Are you inspired to become the woman you have always dreamed of being? Are you excited to find the man who is the perfect complement to you, who is willing to support your dreams and goals and have a shared vision of your life together? Well then, let's get started.